

# A passage to unpack

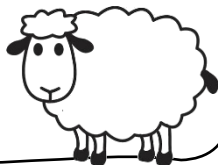
## Psalm 23

Find the book of Psalms in the Old Testament and read Psalm 23.



A psalm is a poem, this one was written by King David, the same David who defeated Goliath! Before he was a King David was a shepherd boy, he recognised that God looks after us like a shepherd looks after his sheep.

Draw a sheep here!



Verse 1 reminds us that just like a shepherd God provides everything we need. Write or draw something in the space below that you can say thank you to God for providing.



Verse 4 reminds us that wherever we are God is with us, even in tough times or when we are worried or fearful. The Bible tells us we should give all our worries to God.

Write or draw any fears or worries in this box, then tear this corner off the sheet and throw it in the bin as you give those worries to God.

Verse 3 talks about how God our shepherd leads us on paths that are right. When we are children of God, we can choose to live in a way that pleases God. Our helper Holy Spirit helps us make good choices about how we live.

### Sorry

Take a moment to think if there are any things you need to say sorry to God for. Times when you have not behaved in a way that is pleasing to God. Write a sorry prayer here:

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### Help

Take a moment to think if there are any areas in your life where you find it hard to live in a way that pleases God. Write a prayer asking Holy Spirit to help you here:

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