



Carer's Week

7th – 13th June 2021



A carer is someone who gives care and support to a family member or friend with a disability, illness, mental health condition, or to somebody who needs extra help as they grow older. Carers week celebrates and honours all those who offer this support voluntarily and do not get paid any money for the help they give. Carers can be any age and can help in many different ways providing both practical and emotional support.

How will you show your appreciation for carers this week?

Prayer for Carers

Carers provide vital contact and connection for people.
Press down a finger on each oval as you pray for those who are carers.



Dear God,

Please would you give all of those who volunteer their time and energy to care for others more of your...



strength



peace



hope



joy



rest



comfort

Amen.

Care for Carers

Who do you know that is a carer in your community?
How could you show them some love this week?



Cook them a meal?

Send a message of encouragement?

Offer your time to help them?

Give them a gift?

Share for Carers

Help raise awareness of some of the incredible work done by our carers by posting on social media about **carer's week**. Together we can all do something to raise awareness and support for the vital role they play in our communities.

