

## Bible Passage

James 3 v 13-4 v 8  
Don't Argue

## Today in church we learned that...

We can choose to live for God and not let arguments or wrong motives get in the way.

Why not take some time this week to revisit the Bible Passage, use the questions below to talk and share together and connect with God together using these activities.

Can you find a way to remember the memory verse together?

## Memory Verse

Leviticus 19 v 18

Love your neighbour as you love yourself.

## Family Fun Together

**Follow the leader:** James 4 v 7 warns us to give ourselves to God completely, to live in a way that pleases God rather than following the examples of the world. Take it in turns to be the leader, you could talk about how we can follow the example of Jesus in our own lives.

**Plant some seeds:** James 3 v 18 says "People who work for peace in a peaceful way plant a good crop of right-living." Why not try plant some seeds together as a family, you could use go on a walk in nature and try to find some seeds to plant to use seeds from fruit or vegetables you eat during the week.



## A question for adults to ask children

How does your body feel when you are angry?

*You may want to discuss the difference between feeling an emotion and acting on it. There are things in the world that will make us angry because they are wrong – it is how we respond that matters.*

## A question for children to ask adults

What do you do to help yourself calm down when you are angry?

## Connect with God Together

Complete this activity to let out your anger and give any problems or events that caused it to God.

Write or draw on a piece of paper the things that have made you angry. Crumple up the paper, stomp on it, rip it apart, destroy it.

Ask God to take away your anger.



## Anger Challenge

Ephesians 4 v 26 reminds us to remove negative emotions before we go to bed. Why not challenge yourselves as a family this week to let go of negative emotions at the end of each day with a short time of prayer and listening to God as part of your bedtime routine.

