

# Bible-lympics Trail

## Joseph - Trampolining

Joseph was great at bouncing back, he survived slavery, imprisonment and famine.

With God on his side he became second in command to the Pharaoh of Egypt!

**Can you bounce all the way to the next point on the trail?**



**Genesis 50 v 20**

**You planned to harm me. But God planned it for good.**

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## God's synchronised swimming team

God is a team, the Holy Trinity. Father God the creator and protector, Jesus the Son our saviour and friend, Holy Spirit our helper and guide. When Jesus was baptised Holy Spirit appeared as a dove and God spoke from heaven telling everybody that Jesus was His precious son.



**Play a game of follow the leader all the way to the next trail point.**

**John 5 v 19-20**

Jesus answered, "What I'm about to tell you is true. The Son can do nothing by himself. He can do only what he sees his Father doing. What the Father does, the Son also does. This is because the Father loves the Son. The Father shows him everything he does. Yes, and the Father will show the Son even greater works than these. And you will be amazed.

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## Paul - Marathon

Paul didn't always love Jesus, in fact for a long time he hated Jesus and his followers. Then Paul met Jesus on his way to Damascus, he stopped attacking Jesus' followers and instead gave everything he had to live for God and tell others about God's love.

**Can you run all the way to the next trail point without stopping?**



**1 Corinthians 9 v 24-25**

In a race all the runners run. But only one gets the prize. You know that, don't you? So run in a way that will get you the prize. All who take part in the games train hard. They do it to get a crown that will not last. But we do it to get a crown that will last forever.

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## David – Shot-put

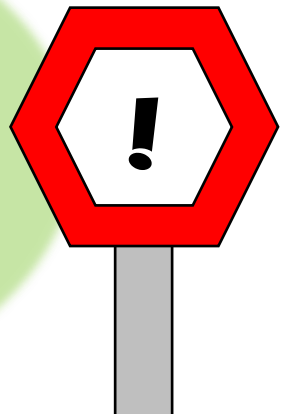
David worked as a shepherd, he used his sling to scare away lions, bears and wolves who wanted to hurt his sheep.

Then David used his sling and stones to defeat the giant Goliath!



**Can you hit  
the target with  
a stone?**

Check it is safe before  
you throw.



**1 Samuel 17 v 50**

**So David won the fight against Goliath with a sling and a stone. He struck down the Philistine and killed him. He did it without even using a sword.**

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## Nehemiah - Fencing

When Nehemiah heard that the walls of Jerusalem were broken he led a team of builders to rebuild them. He encouraged people to guard the walls with swords and weapons while they built. Nehemiah was good at both types of fencing!

**Find a stick to wave like a sword, build something with the sticks you find.**



**Nehemiah 2 v 20**

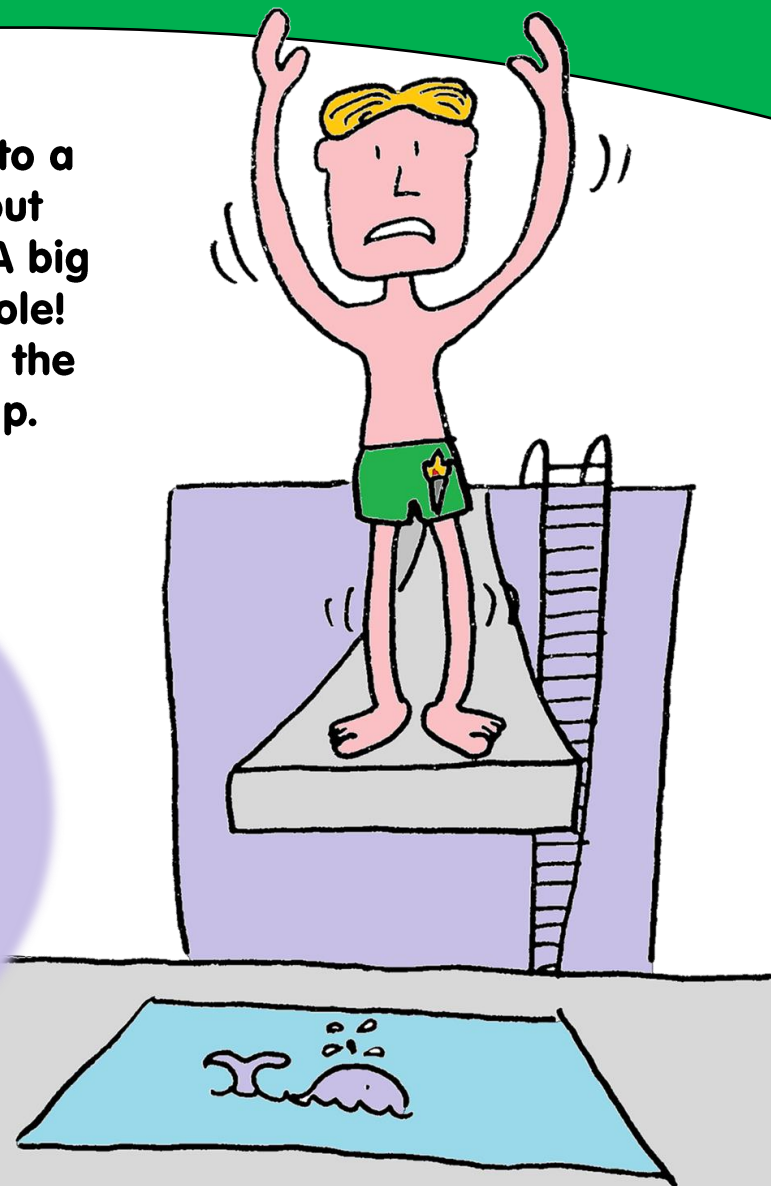
**I answered, "The God of heaven will give us success. We serve him. So we'll start rebuilding the walls."**

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## Jonah - Diving

God wanted Jonah to go to a place called Nineveh but instead Jonah ran away. A big fish swallowed Jonah whole! Jonah prayed to God and the fish vomited him back up.

**Who can find the leaf that looks most like a fish?**



**Jonah 1 v 17**

**Now the Lord sent a huge fish to swallow Jonah. And Jonah was in the belly of the fish for three days and three nights.**



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## Noah - Sailing

Noah was told to build an ark, he filled it with animals to save them from the flood. God put a rainbow in the sky as a sign that He would never send a flood again.

**How many animals can you spot on your way to the next trail point?**



**Genesis 7 v 15**

**Pairs of all living creatures that breathe came to Noah and entered the ark.**